# 40 for 40

# THE PANTRY ON CHURCH MARCH 5- APRIL 20

In observance of the Lenten Season, many people choose to "give up" something they enjoy as they enter a period of reflection. An alternative is to "give" to someone who needs what you take for granted.

Please consider donating shelf stable items to our FPC Food Pantry. You and your family may: donate an item per day, as indicated below, one item per week, or have your children choose their favorite item to contribute.

### DAY 1 IS ASH WEDNESDAY, MARCH 5

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- 2 chicken noodle soup
- 3 chicken or vegetable broth
- 4 individually packaged toothbrush

## SUNDAY — MARCH 9

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- 6 travel-size antiperspirant
- 7 travel-size hand wipes (10-20 count)
- 8 small packets of nuts
- 9 envelope packages of tuna
- small boxes of raisins or other dried fruit

## SUNDAY — MARCH 16

- slim jims
- 12 breakfast bars, granola or protein bars
- pkgs of cheese/ peanut butter crackers
- 14 granola bars (individually wrapped)
- lunch size applesauce or fruit
- 16 microwave mac & cheese, chef boy-ar-dee, or ramen singles

## SUNDAY— MARCH 23

- 17 microwave meals (shelf-stable)
- 18 baked beans

# THE PANTRY ON CHURCH

- 19 hamburger helper
- 20 Cheerios
- 21 oatmeal
- 22 pop tarts

## SUNDAY — MARCH 30

- 23 Jiffy corn bread or biscuit mix (small box)
- shelf-stable milk or plant-based milk
- 25 crackers (saltines, ritz, etc.)
- 26 stovetop stuffing
- 27 Mac and Cheese (i.e.blue box)
- 28 instant mashed potatoes

## SUNDAY— APRIL 6

- 29 peanut butter
- 30 jelly
- 31 canned chicken
- 32 canned tuna
- canned meal (i.e. Chef Boy-ar-Dee)
- 34 spaghetti or elbow noodles

## PALM SUNDAY— APRIL 13

- 35 canned spaghetti sauce
- 36 rice
- 37 canned fruit (any type)
- 38 canned vegetables (any type)
- 39 manual can opener
- 40 envelope of muffin mix (or Jiffy box)

## EASTER SUNDAY— APRIL 20

Donations may be placed in or next to the green bin in the Gathering Space or in the Pantry if the door is open. You are welcome to bring your items at your convenience. We know that your contributions will make a great impact on our community. It's our prayer that your giving will bless you abundantly as well.

When choosing items, please consider pop top cans when available, and non-glass containers. Generic or store brands are welcome.

Your donations support many facets of our community, from homeless families, students at Marietta City Schools, to senior citizens living alone. Our pantry boxes welcome new area residents and congratulate graduates of The Women's Extension.

The support from our congregation to this ministry has been exciting yet humbling to witness. Donated items are given away as soon as they are collected and typically carry us through the summer. Thank you for your consideration and participation. We owe everything we do to your continued support.

For questions and comments, please contact Martie Moore at <a href="MartieMoore@fpcmarietta.org">MartieMoore@fpcmarietta.org</a>