

In observance of the Lenten Season, many people choose to "give up" something they enjoy as they enter a period of reflection. An alternative is to "give" to someone who needs what you take for granted.

Please consider donating shelf stable items to our The Pantry on Church. You and your family may: donate an item per day, as indicated below, one item per week, or have your children choose their favorite item to contribute.

Donations may be placed on the table in the Pantry (on Sundays if the door is open) or next to the green bin in the Gathering Space. You are welcome to bring your items as you purchase them, on each Sunday, or all-together on Easter Sunday.

Your donations support many facets of our community. The items listed for first two weeks of this project are for the homeless citizens of our community. They will be bagged into kits and distributed as needed.

We also support the student pantries at Marietta Performance Learning Center and students who live in hotels. Your donations will help fill tummies when the free-and-reduced-price meals are not enough.

The remaining pantry items are distributed in our food line, as well as to women who graduate from The Women's Extension and to needy families new to our community.

# THE PANTRY ON CHURCH FEBRUARY 14 - MARCH 31

## **DAY 1 IS ASH WEDNESDAY, FEBRUARY 14**

- 1 adult sized socks
- 2 adult sized toboggan hat
- 3 adult sized work gloves
- 4 individually packaged toothbrush

### **SUNDAY-FEBRUARY 18**

- 5 toothpaste, travel or regular size
- 6 travel-sized antiperspirant
- 7 travel-size hand wipes (10-20 count)
- 8 small packets of nuts
- 9 envelope packages of tuna
- 10 small boxes of raisins or other dried fruit

#### **SUNDAY – FEBRUARY 25**

- 11 slim jims
- 12 breakfast bars, granola or protein bars
- 13 pkgs of cheese/ peanut butter crackers
- 14 granola bars (individually wrapped)
- 15 lunch size applesauce or fruit
- 16 microwave mac & cheese, Chef Boy-ar-dee, or Ramen singles

#### **SUNDAY – MARCH 3**

- 17 hearty soup
- 18 Jiffy corn bread or biscuit mix (small box)
- 19 chicken noodle soup
- 20 baked beans
- 21 Hamburger Helper
- 22 Pop Tarts

#### **SUNDAY-MARCH 10**

- 23 microwave meals (not refrigerated)
- 24 shelf-stable milk or plant-based milk
- 25 crackers (saltines, ritz, etc.)
- 26 stovetop stuffing
- 27 Mac and Cheese (i.e.blue box)
- 28 instant mashed potatoes

## **SUNDAY- MARCH 17**

- 29 peanut butter
- 30 jelly
- 31 canned chicken
- 32 canned tuna
- 33 canned meal (i.e. Chef Boy-ar-Dee)
- 34 spaghetti or elbow noodles

## **PALM SUNDAY – APRIL 24**

- 35 canned spaghetti sauce
- 36 rice
- 37 canned fruit (any type)
- 38 oatmeal
- 39 Cheerios
- 40 envelope of muffin mix (or Jiffy box)

# **EASTER SUNDAY – MARCH 31**

Thank you for your consideration and participation. During Lent, you will have a great impact on our community while reflecting on your life and the personal changes you may choose to make.

If you are considering a sizable donation of items or funds and desire a written acknowledgement, or have questions, please contact Martie Moore at <a href="MartieMoore@fpcmarietta.org">MartieMoore@fpcmarietta.org</a>