

# MUST Summer Lunches are Back!

First Presbyterian Church Marietta is once again a host site for MUST Summer Lunches. As a host site we will receive donations of food items, pack bags with 5 days of non-perishable breakfast and lunch items and deliver the bags to children who would normally receive breakfast and lunch at school. Our deliveries will be made to the children each Tuesday through July 26. We expect to feed 300+ children each week who live within 2.6 miles of FPC.

Members of FPC Marietta have a long history of giving generously of their time and talents to make sure vulnerable children are not hungry during the summer.

## How Can I Support this Ministry?

- Sign up to pack lunches and drive or ride along to deliver lunches here: <https://www.signupgenius.com/go/5080c49afa72fa64-must1>
- Help us stock the MUST Summer Lunch Pantry! A total of 1,500 items are needed each Tuesday to prepare the bags with the following **store-bought, individually packaged items**:

### Breakfast Entrees

- Breakfast or protein bars
- Cereal boxes or cups
- Grits packets
- Oatmeal Crème Pies
- Oatmeal packets
- Pop•tarts
- Prepackaged donuts
- Prepackaged muffins

### Lunch Entrees

- Microwavable:
  - ✓ Macaroni and Cheese cups or cans with pop tops
  - ✓ Noodle Bowls
  - ✓ Noodle Soup Cups
  - ✓ Pasta cups or cans with pop tops
  - ✓ Rice Cups
  - ✓ Rice-a-Roni Cups
- Chicken / Pulled Pork pouches (ready-to-eat)
- Chicken Salad / Ham Salad kits with crackers
- Peanut Butter Squeeze pouches
- Slim Jims
- Vienna Sausage

### Salty / Sweet Snacks

- Cheese Dip and Pretzel Sticks
- Cheez It
- Chips including individual serving Pringles
- Cookies
- Fruit Cups or cans
- Fruit Snacks/Fruit roll ups
- Sandwich Crackers
- Small boxes dried fruit

- Children's books (new or used) are also being collected for distribution!

### Where can I purchase these items?

Aldi's, Amazon, Bargain Hunt, Big Lots, BJ's, Costco, Dollar Tree, Food Depot, Ingles, Kroger, Lidl, Publix, Sam's, Target, Walmart, Whole Foods, or any place where groceries are sold.

### Please deliver items to First Presbyterian Church and mark them for MUST SUMMER LUNCHES

- Donate monetarily
  - Write a check to First Presbyterian Church Marietta and include MUST Summer Lunch in the memo area
  - Give online and select MUST Summer Lunch: <https://pushpay.com/g/fpcmarietta> or scan the QR code below

For more information, please contact Ann Stoskopf: 678-522-8430 or [amayesing@msn.com](mailto:amayesing@msn.com)



Give online to MUST Summer Lunch